

BE READY FOR LIFE HERE.

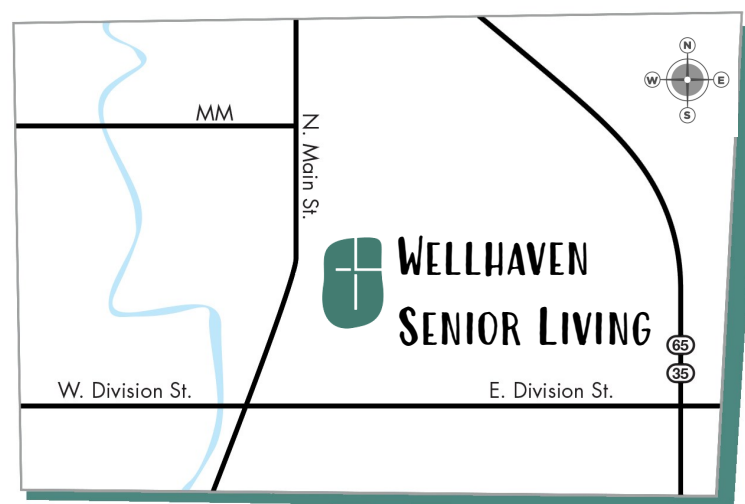
Calling a senior care community home can impact most aspects of your daily life.

- ✓ **Social Interaction:** A calendar filled with activities to encourage social interaction.
- ✓ **Nutrition:** Full dining services offering well-balanced and nourishing meals.
- ✓ **Housekeeping:** Housekeeping and all maintenance duties.
- ✓ **Emergency Assistance:** 24 hours a day staffing and advanced emergency call technology.
- ✓ **Health and Wellness:** Exercise and wellness programs to maximize mobility, strength and overall health.
- ✓ **Medication:** Assistance with medications, including ordering, set-up and administration.



**"AT WELLHAVEN, I JUST FELT AT HOME
RIGHT AWAY. THERE ARE SUCH NICE PEOPLE
AND EVERYONE IS SO CARING."**

-Wellhaven tenant



WELLHAVEN SENIOR LIVING

119 Union Street, River Falls, WI
715.426.4646 | mywellhaven.org



**Contact us today.
WE LOOK FORWARD
TO MEETING YOU!**

WH.MH.051623

WELLHAVEN SENIOR LIVING

A MINISTRY OF THE LUTHERAN
HOME ASSOCIATION



OUR SERVICES:

- ✓ INDEPENDENT LIVING
- ✓ ASSISTED LIVING

Where the care of the soul is the soul of care.

Wellhaven Senior Living

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Aim phone camera
to scan QR code
and learn more.



FIND YOUR HOME HERE.

At Wellhaven Senior Living, we believe our tenants can live an active, fulfilling and socially enriching lifestyle at any age. Our social calendar is designed with every individual in mind.

Tenants can choose from a variety of engaging cultural, educational and social programs designed to challenge the mind, body and soul. Whether your cares are minimal or around-the-clock, we are here for you. With our person-centered approach to care, our team will ensure the right plan that fits your needs.



LIFE AT WELLHAVEN.

From independent living to supportive living or assisted living, our experienced and compassionate team will adapt services to your specific needs. Our care community offers a wide range of amenities* to help you feel productive, safe and connected, even as your needs change. A home at Wellhaven includes:

- Full kitchen, with full-size refrigerator, electric range and microwave
- Handicap accessible bathroom, including ramped shower
- Individually controlled heating and air conditioning
- 24-hour security and advanced emergency call technology
- Sizeable closet and storage space
- Utilities included in rental package (excludes phone and cable)
- Spacious laundry facilities on each floor and laundry service available
- Housekeeping and maintenance services
- Fire detection and sprinkler system throughout building
- Well-trained staff available 24/7
- Delicious, well-balanced meals served seven days a week in our restaurant-style dining room
- Daily social, cultural and recreational activities
- Fitness center with exercise and wellness programs
- Secure building and indoor heated garage
- Beautiful common areas and lounges
- Wellhaven pub available to tenants and their families free of charge
- Weekly shopping and transportation services

** Amenities may vary based on care level.*



Wellhaven Senior Living is a vibrant community, and we invite you to discover that for yourself.

To schedule a tour, call
715.426.4646 or email info@tlha.org.

ENJOY AN ACTIVE LIFE HERE.



From social activities to recreational programs, we provide the kind of supportive environment that allows individuals to increase their self-sufficiency, be active members of the community and develop meaningful friendships. Activities available to Wellhaven tenants include:

Educational opportunities & seminars | Seasonal & holiday programs
Religious programs | Exercise & wellness programs
Cards and games | Day trips & outings
Monthly parties | Music & entertainment
Coffee & conversation | Community-involved events

The River Falls Senior Center is located inside our care community!

The senior center provides opportunities for education, recreation, and social experiences for seniors within River Falls and the surrounding area. Our tenants benefit from having access to activities and events hosted by the senior center.

We fill the days with meaningful and enjoyable activities with events and opportunities for our tenants. A sample weekday activity calendar below.

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 a.m. Coffee time 1:30 p.m. Bingo 3 p.m. Worship	9 a.m. Exercise 9:30 a.m. Coffee 10 a.m. Bank visit 2 p.m. Games & Popcorn	10 a.m. Local transportation 1 p.m. Cards party 5:30 p.m. Move night	11 a.m. Veterans Luncheon 2 p.m. Blood Pressure Clinic 4 p.m. Wine & Cheese	10 a.m. Walking Bingo 2 p.m. Bible Study

COME WORSHIP HERE.

Opportunities abound for sharing the love of Jesus Christ. Not only will your physical needs be met, but we also place a great emphasis on spiritual support. Through our on-site chaplain, we provide a variety of spiritual care programs including devotions, weekly Bible studies and worship services, as well as individual, faith-based counseling.

Wellhaven tenants enjoy the security and peace of mind of living in a Christian environment. Welcoming people of all faiths, we offer a Christ-centered environment. All tenants, regardless of their religious affiliations, are invited to participate in our chaplaincy services.

“ Many come to us and receive amenities that transcend programs and furnishings. They build lasting Christian friendships and a deep connection with Christ at a pivotal time in life. ”

-Mark Hayes, President of TLHA