



## THE LUTHERAN HOME: BELLE PLAINE

A MINISTRY OF THE LUTHERAN  
HOME ASSOCIATION

*Skilled Nursing Facility  
Private and Semi-private Living Options  
Belle Plaine, Minnesota*



## Thrive here

We provide an extensive array of services that promote wellness. We have adopted a person-centered model of care that honors personal wishes and empowers individual success.

Our services are tailored to meet the unique support needs of each person.

The Lutheran Home: Belle Plaine offers:

- Skilled Nursing Care
- Long-term Care
- VA Contract
- Memory Care
- Onsite Spiritual Care
- Hospice
- Transitional Care
- Respite Care
- Rehabilitative Care

### Specialized care for individualized needs

- Tracheostomy care
- Dialysis coordination
- Nasogastric and gastric tube feeding
- Total enteral nutrition
- Wound care nurse on staff
- Wound VAC therapy
- IV therapy
- IV antibiotics
- Ostomy care



## Recover here

We offer rehabilitative therapies for all ages on both an outpatient and inpatient basis.

- **Physical Therapy** helps restore mobility, reduce pain and increase overall fitness.
- **Occupational Therapy** offers assistance with self-care tasks such as meal assistance or dressing. Our occupational therapists also provide education and equipment to help with these activities, with the goal of maximizing independence.
- **Speech Therapy** improves weaknesses in swallowing and communication skills and addresses setbacks related to a stroke.



*The Lutheran Home: Belle Plaine is part of a 22-acre continuum of care campus offering independent senior living, rehabilitative and long-term skilled nursing care, Alzheimer's care, apartments for people with disabilities, an intermediate care facility, rehabilitative therapy and chaplaincy services. With additional support services readily available, you are never far from receiving the care you need.*

# Find where you belong.

Our skilled nursing team works closely with residents, their families, and physicians to develop individualized care plans that fit each person's specific needs and abilities, providing compassionate and person-centered care.



- **Transitional care services:** Whether you are recovering from an injury or coping with a chronic illness, transitional care will help you return home as quickly as possible. Our Transitional Care Unit (TCU) provides rehabilitative and skilled nursing care designed to help you gain strength and successfully recover.
- **Long-term care:** Sometimes, a person needs more substantial care because of a chronic or degenerative condition. Our skilled nursing team works closely with residents, their families and physicians to develop individualized care plans.
- **Memory care:** Memory loss can be a challenging, disorienting experience for both the individual and their loved ones. Our dedicated Special Care Residence provides a safe, comforting environment where those living with Alzheimer's or other forms of dementia can stay engaged with life.

## Prepare for life here.

The decision to move to senior living can bring on mixed emotions and anxiety. Below are some of the many advantages of the services available within our care community.

	If you live here...	Without senior living...
Social Interaction	A calendar filled with activities to encourage social interaction with people who share similar interests.	Living alone or with busy family members, you may feel isolated and lonely.
Nutrition	Full dining services offering residents well-balanced, nourishing and delicious home cooked meals.	Relying on fast, prepared meals rather than healthier alternatives or skipping meals.
Housekeeping	Weekly housekeeping and all maintenance duties. Laundry and linen service is also available.	Maintaining your home can become expensive and challenging, especially if some areas become less accessible
Emergency Assistance	Staffed 24 hours a day. Each room is also equipped with a 24-hour emergency call system.	Immediate help is often not available if you live alone.
Health & Wellness	Exercise and wellness programs to maximize mobility, strength and overall health.	At home you may not have access to fitness programs and equipment.
Medication	Assistance with medications, including ordering, set-up and administration.	Without assistance, you may take medications incorrectly or miss scheduled dosages.

## Worship here

The Bible is the basis for all we do. Opportunities abound for sharing the love of Jesus Christ. Not only will your physical needs be met, but we also place a great emphasis on spiritual support.

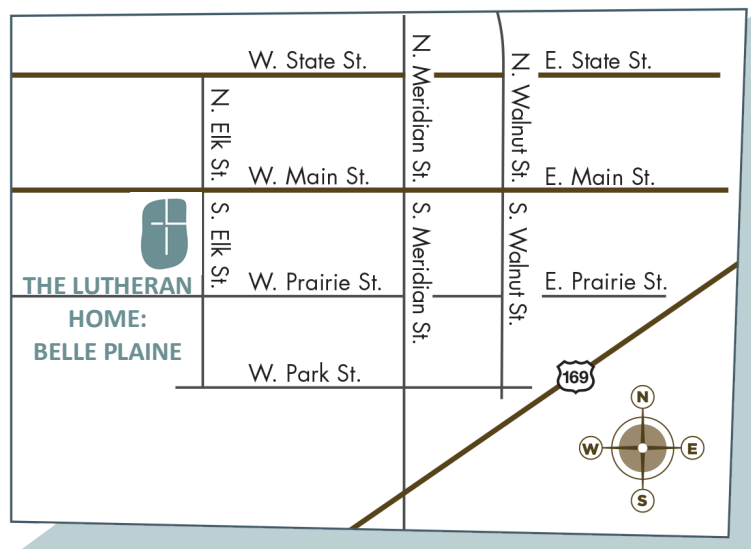
Through our on-site chaplain, we provide a variety of spiritual care programs including devotions, weekly Bible study and worship services, as well as individual, faith-based counseling.

Our residents enjoy the security and peace of mind of living in a Christian environment. Welcoming people of all faiths, we offer a Christ-centered environment. All residents, regardless of their religious affiliations, are invited to participate in our chaplaincy services.



*"Many come to us and receive amenities that transcend programs and furnishings. They build lasting Christian friendships and a deep connection with Christ at a pivotal time in life."*

*-Mark Hayes, President of Ministry*



### The Lutheran Home: Belle Plaine

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*Aim phone camera to scan  
QR code and learn more.*

**Our mission** is to share Christ's love as we serve the spiritual, physical, intellectual and emotional needs of people entrusted to our care and others whose lives we touch.



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## Contact us today.

### WE LOOK FORWARD TO MEETING YOU !

We'd be happy to visit you in the hospital  
or even do a home visit.